

AET

AUSTRALIAN ELITE TEAM

KIDS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

4:30PM - 5:30PM KIDS NO-GI AGES 8+ COACH COLBY ALLEN	4:30PM - 5:00PM JUNIOR KIDS BJJ AGES 4-8 COACHES REVEKKA ELI ELIJAH GANDOLFO	4:30PM - 5:30PM KIDS MMA AGES 8+ COACHES TOMMY GUN RYAN BREICH	4:30PM - 5:00PM JUNIOR KIDS BJJ AGES 4-8 COACHES REVEKKA ELI ELIJAH GANDOLFO	9:00AM - 9:30AM JUNIOR KIDS BJJ AGES 4-8 COACHES REVEKKA ELI ELIJAH GANDOLFO
	4:30PM - 5:30PM SENIOR KIDS BJJ AGES 8+ COACHES COLBY ALLEN ABBY JULIAN		4:30PM - 5:30PM SENIOR KIDS BJJ AGES 8+ COACHES COLBY ALLEN ABBY JULIAN	9:00AM - 10:00AM SENIOR KIDS BJJ AGES 8+ COACHES COLBY ALLEN ABBY JULIAN

JIU JITSU / GRAPPLING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

6:30AM - 7:30AM NO-GI ALL GRADES COACH MICHAEL TOHME	11:00AM - 12:00PM NO-GI ALL GRADES COACH NINOS DAMMO	6:30AM - 7:30AM NO-GI ALL GRADES COACH MICHAEL TOHME	11:00AM - 12:00PM MASTER CLASS PURPLE BELT AND ABOVE COACH NINOS DAMMO	6:30AM - 7:30AM GI ALL GRADES COACH MICHAEL TOHME	10:00AM - 11:00AM NO-GI ADVANCED LEG LOCKS BLUE BELT AND ABOVE COACH COLBY ALLEN
6:00PM - 7:00PM GI WOMENS ALL GRADES COACH ABBY JULIAN	12:00PM - 1:00PM GI ALL GRADES COACH NINOS DAMMO	12:00PM - 1:00PM NO-GI ALL GRADES COACH TOMMY GUN	12:00PM - 1:00PM GI ALL GRADES COACH NINOS DAMMO	7:00PM - 8:00PM NO-GI FUNDAMENTALS ALL GRADES COACH TOMMY GUN	12:00PM - 1:00PM COMP ROUNDS INVITATION ONLY COACH NINOS DAMMO
7:00PM - 8:00PM NO-GI ALL GRADES COACH TOMMY GUN	6:00PM - 7:00PM GI ALL GRADES COACH MICHAEL TOHME	6:00PM - 7:00PM GI ALL GRADES COACH NINOS DAMMO	5:30PM - 6:30PM GI WOMENS ALL GRADES COACH EMILY TALEVSKI		
	7:00PM - 8:00PM NO-GI FUNDAMENTALS ALL GRADES COACH TOMMY GUN	7:00PM - 8:00PM NO-GI ALL GRADES COACH NINOS DAMMO	6:30PM - 7:30PM NO-GI ALL GRADES COACH NINOS DAMMO		
			7:30PM - 8:30PM GI ALL GRADES COACH NINOS DAMMO		

MMA / BOXING / WRESTLING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

6:00PM - 7:00PM MMA/STRIKING ALL LEVELS COACH SAM GRECO	4:30PM - 5:30PM MMA/STRIKING ALL LEVELS COACHES TOMMY GUN JAKE MATTHEWS	6:00PM - 7:00PM MMA/STRIKING ALL LEVELS COACH SAM GRECO	5:30PM - 6:30PM MMA/STRIKING ALL LEVELS COACH JAKE MATTHEWS TOMMY GUN	6:00PM - 7:00PM MMA/STRIKING ALL LEVELS COACH SAM GRECO	11:00AM - 12:00PM WRESTLING ALL LEVELS COACH BILAL ABDO
	5:30PM - 6:30PM WRESTLING ALL LEVELS COACH BILAL ABDO		6:00PM - 7:00PM BOXING ALL LEVELS COACH BLAKE CAPARELLO DENIS CURAVIC		12:00PM - 1:00PM MMA SPARRING INVITATION ONLY COACH TOMMY GUN
	6:00PM - 7:00PM BOXING ALL LEVELS COACH BLAKE CAPARELLO				